

Biotics Research Northwest Product Spotlight

Equi-Fem™ Equi-Fem™ Fe/Cu Free For Healthcare Professionals Only



Equi-Fem™: Comprehensive source of nutrients to support healthy female endocrine function.

Equi-Fem™ includes vitamins, minerals, botanicals and organ/glandular specific support with known nutrient synergist. May be recommended for those having menopausal and peri-menopausal symptoms such as hot flashes, and for general female support.

While it is well established that diet alone typically does not supply nutrients in sufficient quantities to support optimal health, it is also recognized that generic multiple vitamin formulas may not supply the targeted nutrition needed to support the unique needs of women. As a result of cyclic hormonal changes, many women not only experience depletions of several key nutrients, but they can experience a variety of irritating symptoms that have collectively been referred to as Premenstrual Syndrome (PMS). While PMS has been described in the medical literature since 1931, its etiological factors remain poorly understood. Progesterone deficiency, prolactin excess, thyroid hypofunction, antidiuretic hormone excess, alterations in endorphin activity, serotonin alterations, prostaglandin activity, and vitamin deficiencies have all been postulated as potential PMS potentiators/exacerbators. Further complicating this has been a generalized ignorance that mild or moderate symptoms are indeed PMS. Many women may be reluctant to seek professional healthcare for symptoms which they either under-report, down-play, or dismiss. Some women have erroneously felt that PMS is a condition experienced by young women, and that their options are limited until mid-life changes occur. This could not be further from the truth.

Biotics Research carefully formulated **Equi-Fem™** to be a broad-spectrum, multi-vitamin formula designed to provide support for those with fluctuating hormone levels and the symptoms that coincide with them. In addition to providing comprehensive vitamin and mineral support, **Equi-Fem™** also supplies glandular support for adrenal and pituitary hypothalamic function as well as directly targeting ovarian and uterine tissues. It also contains bioflavonoids, FRAC®, L-Tyrosine, digestive enzymes, and the herbs Black Cohosh and Dong Quai which round off this formula and make it an excellent choice for supporting the unique health challenges of women.

Equi-Fem™ is also available in an Iron & Copper Free version, and as a glandular-free version; **PMT™**, for vegetarian patients.

© Copyright 2015

THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE U.S. FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Equi-Fem™ & Equi-Fem™ Fe/Cu Free

Equi-Fem™

Supplement Facts	Available in 120 or 240	
Serving Size: 6 Tablets	Amount Per Serving	% Daily Value
Vitamin A (as natural mixed carotenoids and palmitate, 1:1 ratio)	10,000 IU	200%
Vitamin C (as magnesium ascorbate)	1,500 mg	2,500%
Vitamin D (as cholecalciferol)	400 IU	100%
Vitamin E (as d-alpha tocopheryl acetate)	100 IU	333%
Vitamin K (as phytonadione)	35 mcg	44%
Thiamin (B ₁)(as thiamin mononitrate)	25 mg	1,667%
Riboflavin (B ₂)	25 mg	1,470%
Niacin (as niacinamide)	25 mg	125%
Vitamin B ₆ (as pyridoxine hydrochloride)	300 mg	15,000%
Folate (as calcium folinate)	400 mcg	100%
Vitamin B ₁₂ (methylcobalamin)	65 mcg	1,083%
Biotin	300 mg	100%
Pantothenic Acid (as calcium pantothenate)	50 mg	500%
Calcium (as calcium citrate)	125 mg	13%
Iron (as ferrous gluconate)	18 mg	100%
Iodine (from kelp)	75 mcg	50%
Magnesium (as magnesium ascorbate, magnesium oxide)	250 mg	63%
Zinc (as zinc gluconate)	25 mg	167%
Selenium (from vegetable culture †)	50 mcg	71%
Copper (as copper gluconate)	2 mg	100%
Manganese (as manganese gluconate)	10 mg	500%
Chromium (from vegetable culture †)	100 mcg	83%
Molybdenum (from vegetable culture †)	10 mcg	13%
Potassium (as potassium chloride)	99 mg	3%
Choline (as choline bitartrate)	150 mg	*
Inositol (from rice)	25 mg	*
PABA (para-aminobenzoic acid)	25 mg	*
Coenzyme Q ₁₀	1 mg	*
Citrus Bioflavonoids (from citrus fruit)	250 mg	*
FRAC® (from rice)	15 mg	*
L-Tyrosine	50 mg	*
Betaine HCl	100 mg	*
Amylase (porcine)	20,000 NFUnits	*
Protease (porcine)	20,000 NFUnits	*
Lipase (porcine)	1,600 NFUnits	*
Neonatal Adrenal Complex Concentrate (bovine)	10 mg	*
Lamb Pituitary/Hypothalamus Complex (ovine)	10 mg	*
Ovarian Tissue (bovine)	50 mg	*
Uterine Tissue (bovine)	50 mg	*
Superoxide Dismutase (from vegetable culture †)	150 mcg	*
Catalase (from vegetable culture †)	150 mcg	*
Black Cohosh (Actaea racemosa)(root)	120 mg	*
Dong Quai (Angelica sinensis)(root)	60 mg	*

*Daily Value not established

Other ingredients: Stearic acid (vegetable source), modified cellulose gum, food glaze and magnesium stearate (vegetable source).

Equi-Fem™ & Equi-Fem™ Fe/Cu Free

Product #: 5305

Product #: 5307

Recommended dosage is two to six (2-6) tablets daily with food as a dietary supplement or as otherwise directed by a healthcare professional.

Caution: Not recommended for pregnant women.

Note: Use the glandular-free PMT™ with those on hormone replacement therapy (HRT).

Equi-Fem™ Fe/Cu Free has identical product ingredients as Equi-Fem™ but does not contain copper (Cu) or iron (Fe).

† Specially grown, biologically active vegetable culture containing **Phytochemically Bound Trace Elements™** and naturally associated phytochemicals including polyphenolic compounds with SOD and catalase, dehydrated at low temperature to preserve associated enzyme factors.

Warning: Accidental overdose of iron-containing products is a leading cause of poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.



BIOTICS
RESEARCH NW INC.

The Best Of Science & Nature.