

BioPause-AM®

BioPause-PM®

For Healthcare Professionals Only



Supplements, one in the morning and one for the evening, to assist women through their transitional phase of life.

BioPause-AM® is designed to address hot flashes and their associated palpitations often experienced during menopause. The adaptogenic properties assist with the fatigue and menstrual discomfort often reported by women. Clinically, women report less anxiety, more energy, and improved mental clarity during the day as a result of taking **BioPause-AM®**.

Recommended dosage is two (2) capsules each morning as a dietary supplement or as otherwise directed by a healthcare professional. For adult use only. Not recommended for pregnant or lactating women.

BioPause-PM® is formulated to assist women in getting the rest they need during their transitional phase of life. **BioPause-PM®** addresses such complaints as night sweats, anxiety, and restlessness that often preclude a rest and rejuvenating sleep.

Recommended dosage is two (2) capsules, taken one (1) hour before bedtime each night as a dietary supplement or as otherwise directed by a healthcare professional. For adult use only. Not recommended for pregnant or lactating women.

BioPause-AM®

Supplement Facts

Serving Size: 2 Capsules Servings Per Container: 60

	Amount Per Serving	% Daily Value
Proprietary Blend	1,000 mg	
Rhodiola Extract (Rhodiola rosea)(root)		*
Black Cohosh (Actaea racemosa)(root)		*
Motherwort (Leonurus cardiaca)(aerial part)		*
Chaste Tree (Vitex agnus-castus)(berry)		*

* Daily Value not established

Other ingredients: Gelatin and water.

Product #: 7862
NDC: 55146-07862

BioPause-PM®

Supplement Facts

Serving Size: 2 Capsules Servings Per Container: 60

	Amount Per Serving	% Daily Value
Magnesium (as magnesium glycinate)	30 mg	7%
Proprietary Blend	700 mg	
Black Cohosh (Actaea racemosa)(root)		*
Passionflower (Passiflora incarnata)(aerial part)		*
Lemon Balm (Melissa officinalis)(leaf)		*

* Daily Value not established

Other ingredients: Capsule shell (gelatin and water).

Product #: 7860
NDC: 55146-07860



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